

NOVEMBER 2023 JOSLYN CENTER NEWSLETTER



GENERAL MEETING THURSDAY NOVEMBER 9, AT 9:30A

The annual General Meeting of the Joslyn Center will be held in the Main Hall Thursday Nov. 9. Board Officers including Club Presidents, and all general members should make a point to attend the only general membership meeting of the year. At this meeting the JRC budget, dues and Center finances will be reviewed. The Center's Executive Board will be elected, and nominations can occur right up to the meeting itself if the nominee consents. The current slate of officers will stand for re-election with any further nominees. Current officers include: David Stiles, President; Jim Majors, Vice President; Boyd Hogan, 2d Vice President; Manya Brett, Secretary; Joel Cehn, Treasurer; Mark Kantor, Past President. The bylaws require a quorum, so please make every effort to be present and participate in the administration of your Center.

FALL PREVENTION

The Cambria Community Healthcare District will present a Wellness Workshop on November 9 2023 at 1:00 – 2:30p at Classroom 12 of the Old Grammar School, 1350 **Main Street Cambria CA** . The Subject of the presentation will be “Fall Prevention”: tips on staying balanced, tools to assist in walking and general fall prevention.

POKER CLUB:

Join us for affordable poker fun right here in Cambria! Our November poker tournament will be Saturday November 11 at 6:15p in the Main Hall. The game will be Omaha 8 with a \$20 buy-in and \$20 re-buys for a limited time. We also have weekly “dealer’s choice” poker every Thursday at 6:15p in the conference room. For info contact Manya via the JRC office.

SPIRIT DANCE:

Join us for the Spirit Dance and Drum Circle on Monday November 27th starting at 6:30pm. Bring your own drum or borrow one of ours! Drums are also for sale. Bring your own snacks and refreshments. No experience needed for a wonderful evening! Contact Francesca via the JRC office.

BRIDGE CLUB:

Give your brain the exercise it needs and join us at the Bridge Club! You’ll improve your game and card skills, or maybe learn to play bridge as a beginner—new players are welcome. We play Tuesdays at 1:30pm in the Main Hall. For more information contact Harriet Hankins at 805-203-5219



FISHING CLUB: Let's go Fishing here in Cambria! For details, contact Michael Verlangieri (805) 909-0315

DANCE AND SOCIAL CLUB:

In November we will only have one dance because of the Thanksgiving Holiday. Wednesday November 8 will feature our annual "Turkey Shoot". This year we have upgraded our shooting irons and have new long-range marshmallow guns. As always, the competition is intense!

Hosts provide turkey and gravy, attendees encouraged to bring vegetables, salads and desserts. Everyone is invited, singles or couples for a fun social event, great potluck and live music! Please RSVP with your potluck item to Pat Burbank via the JRC office.



Friday Night Ecstatic Dance!

Inner Rhythm is a growing group of heart-centered-people who dance as a way of returning to our selves and to commune with each other.

For us the dance floor is a playground, a teacher, a healer.

There are no steps to follow, no right or wrong way to move, we dance to feel what is sacred through the movement of our bodies.

Inner Rhythm is a 70-90 minute dance journey. Every **Inner Rhythm** dance is different but the basic format is the same. We start with slower fluid rhythms, move into pulsing percussive beats, peak into wild chaos, then return with trance-like lyrical rhythms dissolving into a quiet gentle stillness.

We finish with a short closing circle.

Every Friday 7:30 pm - Joslyn Center, 950 Main St., Cambria

\$5.00 admission • Vist us on Facebook

TABLE TENNIS:

Our club has decided to upgrade one of our existing ping pong tables. So what to do with the old table? In keeping with our local community focus, we chose to donate one of our tables to the local Cambria Youth Collective, an active middle school and high school group of teens that meets every Tuesday evening

from 6-9:00pm. We hope they enjoy it as much as we have!
Thanks, Ali Vassigh, club president via the JRC office.

LAWN BOWLS:

Cambria Lawn Bowls Club has the honor to be the home club of the 2023 US Open Men's Singles champion Loren Dion.

Competitors hailed from throughout the United States, Canada, Australia, South Africa, Kenya, Ireland, Scotland and England.

In addition to taking the Men's Singles title, Loren was also named Bowler of the Tournament in the event which took place in Los Angeles this October. If you'd like to see the winner of the US Open bowl, drop by the lawn bowls green M,W,F,and Sat at 9:15a and he may well be there!



Cambria Community Chorale News – November 2023

In October, the Chorale held its first Potluck/BBQ Picnic at Shamel Park. We all had a great time. The event was encouraged and brought to reality by Larry Maddox from the bass section and a committee of Chorale members organized by Larry and Rebecca Hendricks, 1st Vice President. Folks dined on burgers and hotdogs grilled by Larry, our griller extraordinaire. Chorale members shared plenty of picnic goodies for this extraordinary event. Thank you to all who contributed, and we're already looking forward to our next installment of this new tradition.



Rebecca Hendricks and Larry Maddox



Chorale Members at Shamel Park

In December, the Chorale will present its Holiday Concert Event, "It's the Holiday Season," at the Cambria Community Presbyterian Church. Concert Dates are December 10th and December 17th at 2:00 p.m. Tickets are \$20.00 for adults. Students with a valid ID are free. Ticket sales begin on Tuesday, October 24th, and will be available at the Cambria Chamber of Commerce, from a chorale member, or online at <https://my805tix.com/> or through our website at <https://cambriachorale.org/>

If you have any questions concerning the Chorale or our functions, please get in touch with our Club President, Dianne Anderson, at 408.221.9650 or via email at dianne@dianne-anderson.com. Have a wonderful Cambria Day!



CLEANUP CLUB: MAH JONGG is the November Cleanup club

See you at the Joslyn! Dave Stiles, '23 Board President